



## RESOURCES FROM SEL REENTRY WEBINAR - September 2nd, 2020

### Wellness Resources

PA Staff and Student Wellness Guide	<a href="#">Support Social and Emotional Wellness</a>
	<a href="#">SEL Best Practice Resources</a>
PDE - Mental Health Resources	<a href="#">Mental Health Resources</a>
	<a href="#">Pennsylvania Career Ready Skills</a>
Childhood Trauma - Changing minds	<a href="https://changingmindsnow.org/gestures/">https://changingmindsnow.org/gestures/</a>
Staff and student wellness	<a href="https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/SchoolReopeningGuidance/ReopeningPreKto12/CreatingEquitableSchoolSystems/Pages/Support-Social-and-Emotional-Wellness.aspx#suppservices">https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/SchoolReopeningGuidance/ReopeningPreKto12/CreatingEquitableSchoolSystems/Pages/Support-Social-and-Emotional-Wellness.aspx#suppservices</a>

### Equity & Inclusion Resources

PDE Equity and Inclusion Toolkit	<a href="https://bit.ly/PAEquityToolkit">https://bit.ly/PAEquityToolkit</a>
PDE Equity and Inclusion Page & Resources	<a href="https://www.education.pa.gov/Schools/safeschools/equityandinclusion/Pages/default.aspx">https://www.education.pa.gov/Schools/safeschools/equityandinclusion/Pages/default.aspx</a>
	<a href="#">Racial bias associated with disparities in disciplinary action across US schools</a>
	<a href="#">Facing History and Ourselves</a>
CASEL Equity Insights Report	<a href="https://casel.org/wp-content/uploads/2020/08/CASEL-Equity-Insights-Report.pdf">https://casel.org/wp-content/uploads/2020/08/CASEL-Equity-Insights-Report.pdf</a>
Tolerance Pocket Guide	<a href="https://www.tolerance.org/sites/default/files/general/speak_up_pocket_card_2up.pdf">https://www.tolerance.org/sites/default/files/general/speak_up_pocket_card_2up.pdf</a>
Equity Pillars of Practice: Self-Awareness, Data Practices, Family/Community Engagement, Academic Equity, Disciplinary Equity	COMING SOON!)



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### Trauma & Resilience Resources

Compassion Resilience Toolkit	<a href="#">Facilitator resources to build the capacity of helping professionals, caregivers, and the systems in which they serve.</a>
	<a href="#">Building Trauma-Sensitive Schools   Safe Supportive Learning</a>
Register for the September 22 Symposium on Self-Care:	<a href="https://us02web.zoom.us/webinar/register/WN_RvWDeekuQmqKz0V1Jzz7Eg">https://us02web.zoom.us/webinar/register/WN_RvWDeekuQmqKz0V1Jzz7Eg</a>